# Senior Living The Messenger Fall 2023

**ORCHARD RIDGE** 

Butterfly Event 2023

\$92,000 was raised at the annual fundraiser, the Butterfly Event, to go toward the charitable care of residents. Donors enjoyed a ride on the Couer d'Alene Resort Cruise Boat, sponsored by Bankcda. Board member. John Swallow. hosted the event on his property across Lake Coeur d'Alene and guests were treated to seeing all the amazing work he has done on the White House that he transported from Orchard Ridge's campus several years ago. "Kind of Chrome" played in the background as the Greek inspired dinner was enjoyed. At the end of the evening butterflies were released in memory of the residents who passed away at Orchard Ridge in the last year.



But as always, the highlight of the evening was the outpouring of generosity from those who attended! They listen to stories from staff, board members, and families who believe whole-heartedly in the mission of Orchard Ridge and they respond in ways that amaze and humble the committee that plans the event. The funds raised make it possible to offer care to those residents who have exhausted their financial resources and have very few options left! On top of that, the stories inspire people to volunteer and serve in other ways that bless Orchard Ridge and residents. If you want to donate, you can use the enclosed envelope. To volunteer, call Kayla at (208)664-8119.





### Rhonda Roth

Serving on the board represents a kind of homecoming for Rhonda, who once worked as a marketing assistant for Orchard Ridge. She works with a marketing management firm, thinkrhm3. Having lived in Rathdrum for 25 years, Rhonda is deeply involved with, and active in, community life. She is on the staff of Canvas Church as a worship leader, and is honored to have been asked to serve on the board and continue their caring mission.

#### Lisa Rakes

Lisa has lived and worked in Coeur d'Alene most of her life. She has been employed by the Coeur d'Alene School District since 1996, teaching English, Language Arts, and Science and now currently works as a middle school librarian. Lisa is active in her community; serving on the United Way of North Idaho's Community Impact Council, tutors students after school, volunteers at Emerge art gallery, and engaging in many state library committees. She's looking forward to this new venture!

### Resident Spotlight: "The Girls"

Diane and Lora are affectionately termed "The Girls" and have been known by that for many vears now. They have been like sisters for 48 years and are a package deal! They both worked in the medical field. Diane worked for Kootenai Health for 39 years (which went through 3 name changes during that time) mostly in the OR. Lora worked at Sunset Terrace (now Silver Ridge Care) as an activity director and then at Kootenai Health as a transcriptionist. They had been living at an independent living place in CDA for the last 10 years, but after several price hikes they decided to move into Orchard Ridge. But the deal was that they needed apartments next to each other, since they were used to always living with each other! As luck would have it, 2 apartments next to each other opened up and they snatched the opportunity. They say they have felt so welcomed, from that very first day and are treated like royalty! They especially love the meal program and getting a break from cooking. Diane and Lora love to shop together and watch reality TV, such as Survivor, The Amazing Race, and the Golden Bachelor. They play to their strengths and preferences when it comes to dividing up tasks. Diane does the driving, the dishes, and remembers all the important dates. Lora does the cooking and keeps the pictures of their memories together. Whatever they are doing, they are enjoying each other's company!

But beware, because Lora is a practical joker! When asked to bring a turkey to her brother's house for Thanksgiving, she showed up with a roaster pan full of stuffing and a little Cornish game hen nestled in the middle! When her brother asked, "WHAT IS THIS?" she looked at it and said, "Oh no! It shrunk!" Having the two of them at Orchard Ridge Independent

Living has already been a treat, and promises to be a good time in the future!

-by Holly Johnson





## Please help us decorate our Angel Tree!

Orchard Ridge invites you to share in the Christmas joy and honor your loved one by helping to decorate our 7th annual Angel Tree. With your gift of \$50, we will hang a beautiful angel ornament with your loved one's name on it. By purchasing an angel, you will be helping to maintain our mission of charitable care and providing financial relief to those residents who can no longer afford their care. May your holidays be filled with love, faith, and joy!

Please fill out the portion below and mail back to us in the envelope with your gift.

In Honor/Tribute to:

From:

Payments can be made with cash, check or credit card. Please make checks payable to Orchard Ridge. Online donations can be made at www.theorchardcda.org.



624 W. Harrison Ave. Coeur d' Alene, ID 83814 (208)664-8119

Gifts were given in memory or honor of

### the following individuals:

- Myra Ecklund by Marilyn Bagley
- Verland Woempner by Marilyn Bagley
- Sandy Bryant by her Family
- Carol Matlock by Richard Sands
- Michael Williams by Danny & Melinda Groves
- Suzanne Rickel by Robert Rickel
- Michael Williams by Brenda Adams
- Phyllis Holte by Earl & Lorraine
   Anderson
- Mary Ann Babin by Michael & Cynthia Cheeley
- Royce Fuhriman by Lois Fuhriman
- Marge Colwell by Judy Bennett
- Eva May Una by Mike & Judy Carlson
- Evelyn Holliday by Margo Livesey
- Ruth Hooten by Jackie Jewett
- Ron McCoy by Marilyn Bagley
- Pearl Heineman by Kaye Larson
- Colleen Chase by Diane Frank

- Cliff Lenz by Marilyn Bagley
- Del & Jo Fusch by

Robert & Vickie Fusch

- Elizabeth Jacquot by Harriet Jacquot
- Don Ziegler by Kathy Lanham
- Don Ziegler by Pamela Lanham
- Don Ziegler by Thresia Hendricks
- Don Ziegler by Phyllis Giao
- Don Ziegler by Ann Farrar
- Ted Nelson by Diane Nelson Spickert
- Mark Lewis by Mark & Mary Brinkman
- Lucille Kernohan by Dan Harris





### Keep Moving

We received a generous donation of high-end exercise equipment from Mike Teater at the Exercise Institute. The residents in Independent Living had a few free weights, bands, and much older exercise equipment before, so they are really enjoying the new workout equipment! They are so pleased, they shared the following quotes:

- "My doctor is pleased with what I am doing in the fitness room, which is due to the new equipment and staff encouragement!"
- "I love it! I have been working out for over 40 years on the same type of machines and it is WONDERFUL to have them here where I live.



Exercise Institute Staff Member Training a Resident

I work out 4-5 times per week. It is Christmas every day for me!"

# NolunteERS. Needed

- Helping with Bingo (Friday afternoons 1-2pm)
- Leading an exercise class (Sit & Be Fit style)
- Leading cycling group (with floor pedals)
- Leading a Sunday church service
- Helping our Memory Care residents attend the Sunday church service
- · One on one visits with a resident

Want to help? Call Kayla at (208)664-8119 or email at activity@theorchardcda.org



Perhaps the biggest fans of the new access

### Roll On

Several times a week our front entrance gets into a traffic jam with family vehicles picking up residents, delivery trucks offloading packages, medical runs in the van, moving trucks, etc. all trying to use the same handicapped access point. It can be very frustrating and an inconvenience, and sometimes even unsafe! But now we have a brand-new handicapped access point, thanks to grants provided by Kootenai Electric Trust and the 3C's! Our residents, families, and service providers can come and go freely and safely.

### Board of Directors

Rod Colwell-President Dr. Don Chisholm-Vice President Mike Wilson-Treasurer Sarah McLain-Secretary Jody Azevedo Tony Berns David Bobbitt Ann Farrar Lisa Rakes Rhonda Roth Luke Russell Suzanne Sutton-Metzger John Swallow Dave Teater Marc Wallace

### Member Churches

American Lutheran Church-Newport Calvary Lutheran Church Canvas Church Christ the King Lutheran Church **Community United Methodist Church** First Presbyterian Church First Lutheran Church-Sandpoint First Lutheran Church-Spirit Lake Lake City Church Lutheran Church of the Master New Life Church Our Savior Lutheran Church-Pinehurst Peace Lutheran Church Shepherd of the Hills Lutheran Church St. George Catholic Church St. Luke's Episcopal Church St. Pius Catholic Church St. Thomas the Apostle Catholic Church

Trinity Lutheran Church-Bonners Ferry Trinity Lutheran Church-Coeur d'Alene









### Estate & Moving Sales

A service provided by the Orchard Ridge Volunteers

In an effort to raise funds for charitable care at Orchard Ridge, the Volunteers provide the service of organizing and managing your estate sale for the cost of a suggested donation.

### Services Include:

- Inventory
- Advertising & Signage
- Pricing Sorting
- Conducting Sales
- Sorting

Enjoy peace of mind and share in the generated revenue, with the added blessing of knowing you are supporting a good cause!

For more information contact Holly at Orchard Ridge (208)664-8119

### **Business Sponsors**







Assisted Living/Memory Care 624 W. Harrison Ave. www.theorchardcda.org (208)664-8119

Independent Living

702 W. Walnut Ave CDA, ID 83814