



ORCHARD RIDGE

Senior Living

For 98 years our mission has remained:
To provide a faith-based, loving home that
honors older adults.

The Messenger

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Thank you to our Board of Directors

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Lindley Mixon: A Man of many talents

Written by Amy Boni, Director of Development

Twenty-six years ago in Anchorage, Alaska, two singles met at a 35+ mixer. Lindley Mixon walked up to a pretty girl by the name of Charlotte and asked her to dance. During their dance, Lindley leaned over and asked her, "Will you bicycle with me across the Yucatan Peninsula?" With no hesitation Charlotte said, "Yes!" Though the two never did bike the peninsula, they were married 5 weeks later! "We considered ourselves gypsie," stated Charlotte. "We would move from place to place to try something new."



Gypsies no longer, both call Orchard Ridge home now. Charlotte resides at The Grove, our Independent Living community, and Lindley lives at The Garden in our memory care. The couple first moved to The Grove back in May, but in July Lindley's dementia had worsened and the difficult decision was made to move him to memory care. Before living at Orchard Ridge, they traveled for two years in an RV discovering new places in the United States. "I wanted Lindley and I to take this trip before he forgot everything," Charlotte explained.

Lindley's earlier years were filled with thrilling adventures! He was the first to fly an Ultra-light over the Arctic Circle. Then he was featured in Life magazine on April 15, 1957 as the one-wheeled troubadour. He rode a unicycle twenty- six miles while playing a guitar and smoking a pipe! Lindley played every instrument imaginable. He was one of those individuals who could pick up any instrument and play it. His favorite all time music is 1920's big band jazz, especially the group Bix Beiderbecke. During our interview, Charlotte turned on some music from Bix Beiderbecke and Lindley jumped out of his chair and started dancing and showing me steps.



ONE-WHEELED TROUBADOUR AT CLAREMONT COLLEGE
In Claremont, Calif. junior Lindley Mixon rode a musical marathon from San Bernardino to his campus, pedaling a unicycle while playing a guitar. He made the 26-mile distance in four hours 40 minutes with only six falls. On his arrival he celebrates with a pizza and sauterne, put the cycle up for sale.

In the 60's Lindley lived in Greece for a time until the militia took over and he and his family were forced to flee to Florence, Italy. They lived in Italy for six months until they decided to move back to California.

Also, Lindley earned a Masters of Fine Arts degree in ceramics, painting, and bronze work. He worked as a fine artist, an art teacher at the secondary level,

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Our 2019 Butterflies & Memories Annual Fundraiser

Thank you to all who attended this beautiful event.



You helped us raise over \$25,500 in one evening! From all of us here at Orchard Ridge thank you for caring for our residents.

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and surveyor. Lindley retired in 1984 from surveying. He designed and built homes and art studios in Washington, California, and Alaska. His designs were heavily influenced by Frank Lloyd Wright. "He built me my castles," Charlotte recalled with a smile.

Sitting with Charlotte and Lindley, you can see the love between them. I asked Charlotte how often she visits her husband in memory care, "Every day; I made the conscious decision to do so when I moved him over here."

Besides having Charlotte in his life, Lindley has three children: Marlin, Dina, and Leslie from a previous marriage. He also has four stepchildren: Dave, Suzanne, Jolene, and Dan, as well as three grandchildren, eight step-grandchildren, and seven great grandchildren!

If you are ever visiting our memory care be sure to find Lindley. He will be the one practicing his dance moves with a smile that lights up the room like sunshine!



A Message From Ann Johnson, Executive Director

When I asked a resident recently, "How are you?", his response was, "I'm doing pretty good today. I woke up!"

Each day can be a surprise when you have that kind of perspective. It is a perspective on life that I would call "living in the moment." But what if you don't remember the moment or the past?

The longer we live, family relationships can get strained, complicated and sometimes completely severed. A few weeks ago, as a resident in our independent living apartments suddenly required a move to our charitable care due to Dementia, we asked her family to step in and help. Her daughter was willing to get her mom to a safe place to live, but they had been estranged for several years. When the daughter came to her mom's apartment to talk to her about memory care, her mother opened her door and joyfully declared, "You finally found me!" and gave her daughter a great big hug.

Reconciliation is a beautiful thing when forgiveness and healing can take place. The old saying, "To forgive is to forget" may also, when dementia enters the equation, take a different twist and become "To forget is to forgive". I certainly have learned that living in the moment can bring many blessings. We should all feel pretty good today because we woke up!



Meet our New Board President: Linda Scharnhorst

Linda Scharnhorst has been a resident of Coeur d'Alene for 41 years. She is a retired elementary school teacher and currently teaches Religious Education to third graders at St. Thomas Parish in Coeur d'Alene.

She has been married to her husband, Jim, for 46 years, and is "Mom" to two sons and "Yaya" to four grandchildren.

"Orchard Ridge, with its wonderful residents, and amazing staff is why I chose to serve on the Board of Directors, it is near and dear to my heart." Thank you Linda for all of your support!

Volunteers needed

The Orchard Ridge Estate Sale Group are always looking for volunteers to help them during the estate sale season (spring and summer months). If you are interested in volunteering contact Shirley Belstad at 208-661-1930.

ANOTHER OPTION TO GIVE TO CHARITY ARE STOCK OPTIONS

Donating appreciated stock is one of the easiest ways to give more to causes you care about. Here are four reasons you should give stock donation a try:

You can give more

By donating stock that has appreciated for more than a year, you are actually giving 20 percent more than if you sold the stock and then made a cash donation. The reason is simple: avoiding capital gains taxes. The maximum federal capital gains tax rate is 20 percent on long-term holdings. Given that the Dow Jones Industrial Average rose from about 13,000 at the end of August 2012 to almost 22,000 at the end of August 2017, you are likely to realize a taxable profit on the sale of assets you purchased in the past five years. But if you donate the stock directly to a charity, there's no capital gains tax to pay. Plus, you are still eligible to deduct the full fair-market value of the asset you donated from your income taxes, up to the overall amount allowed by the IRS. And remember that your appreciated assets can also include assets that are not publicly traded, like restricted stock or bitcoin.

You can potentially reduce future capital gains

Many investors have stocks that they love and want to hold for the long term. Any appreciation of that stock's value confirms your belief in it, but it can also set the stage for substantial gains when you sell. So consider donating some of your appreciated shares and then buying new shares to reset your cost basis at the current, higher price. This will reduce your future capital gains tax exposure if the stock continues to grow in value.

You can give your portfolio a health check

Even with a good diet and regular exercise, your health can get out of balance. So, too, can your stock portfolio. If a review of your investments' gains and losses shows that it's time to rebalance your portfolio to maximize its performance and optimize for risk, donating stock can give your portfolio the health check it needs. Implementing a donation strategy puts your capital gains to work funding your philanthropy. Talk to your advisor about which assets to put to a better use.

You can donate stocks without headaches

Some people may not be interested in donating stock because they think it will require a lot of paperwork and phone calls, or that their chosen charity may not be able to easily accept a stock donation. But a donor-advised fund, like the Giving Account at Fidelity Charitable, a public charity, takes the hassle out of donating stock.

A donor-advised fund is like a charitable investment account which can be used exclusively to support charities you care about. Instead of donating multiple blocks of stock to multiple charities, you make one donation which is used to fund your Giving Account. There is one form to file with your tax return instead of many.

And if you're not sure which charity should receive your appreciated stock, you need not decide now. Donating stock to a donor-advised fund allows you to take a deduction for the current tax year and then support as many charities as you would like over time, by recommending grants on the timetable that makes the most sense for you.

To be eligible for a charitable deduction for a tax year, donations of stock need to be received by the end of the year. Because different assets take different amounts of time to be transferred, you should initiate your transactions as early as possible.

"4 Reasons to donate stock to charity",
www.fidelitycharitable.org



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624 W. Harrison Avenue
Coeur d'Alene, ID 83814
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